

SCHOOL DISTRICT OF PHILADELPHIA

L2 - Lunch K-8

Monday	Tuesday	Friday							
December 2, 2019	December 3, 2019	December 4, 2019	December 5, 2019	December 6, 2019					
CHICKEN STRIPS ^ BBQ Sauce French Fries Applesauce Cup Ketchup Fat Free Chocolate Milk 1% White Milk	MINI CORN DOGS ^ Mustard Ketchup CHEESE PIZZA ^ Mixed Vegetables Carrot Sticks Light Ranch Dressing Blended Fruit Juice Fat Free Chocolate Milk 1% White Milk	WHOLE GRAIN SPAGHETTI WITH MEATSAUCE Sweet Garlic Butter Peas Tossed Garden Salad Light Italian Dressing CHEF SALAD WITH CHICKEN Light Ranch Dressing Fresh Pear Whole Grain Roll ^ Fat Free Chocolate Milk 1% White Milk	CHICKEN PATTY ^ BBQ Sauce CHARBROILED HAMBURGER Mustard Ketchup Fiesta Beans Lettuce & Tomato Light Ranch Dressing Fresh Banana Hamburger Bun ^ Fat Free Chocolate Milk 1% White Milk Lactose Free Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Mashed Potatoes Fresh Green Beans Light Italian Dressing CHEF SALAD WITH TURKEY Light Ranch Dressing Fresh Orange Corn Muffin ^ Fat Free Chocolate Milk 1% White Milk					
December 9, 2019	December 10, 2019	December 11, 2019	December 12, 2019	December 13, 2019					
BEEF RIB-B-QUE CHICKEN PARMESAN Hamburger Bun ^ Garlic Butter Green Beans Fresh Broccoli Light Ranch Dressing Diced Pears Fat Free Chocolate Milk 1% White Milk	TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD MEATBALLS & SAUCE Hot Dog Bun ^ Baked Beans Zucchini Coins Light Ranch Dressing Grape Juice Fat Free Chocolate Milk 1% White Milk	*NEW RECIPEI*** BEEF & BEAN CHILI Mixed Vegetables Grape Tomatoes Light Ranch Dressing CHEF SALAD W/TURKEY HAM Light Italian Dressing Fresh Banana Corn Muffin ^ Fat Free Chocolate Milk 1% White Milk	HOT DOG Hot Dog Bun ^ Mustard Ketchup CHEESE PIZZA ^ Sweet Maple Butter Carrots Tossed Garden Salad Light Ranch Dressing Fresh Orange Fat Free Chocolate Milk 1% White Milk Lactose Free Milk	TOT-CHOS Southwest Corn Lettuce & Tomato Light Ranch Dressing CHEF SALAD WITH FAJITA CHICKEN Light Italian Dressing Sliced Apples Tortilla Chips ^ Fat Free Chocolate Milk 1% White Milk					
December 16, 2019	December 17, 2019	December 18, 2019	December 19, 2019	December 20, 2019					
TURKEY HAM & CHEESE PANINI CHICKEN RANCH FLATBREAD ^ Sweet Maple Butter Carrots Fresh Green Beans Light Ranch Dressing Diced Peaches Fat Free Chocolate Milk 1% White Milk	BBQ CHICKEN SLOPPY JOE Hamburger Bun ^ Southwest Corn Fresh Broccoli Light Ranch Dressing Grape Juice Fat Free Chocolate Milk 1% White Milk	FRENCH BREAD CHEESE PIZZA^ Mixed Vegetables Romaine & Kale Salad Light Italian Dressing CHEF SALAD WITH CHICKEN Light Ranch Dressing Fresh Banana Corn Muffin ^ Fat Free Chocolate Milk 1% White Milk	HOLIDAY MEAL** CHEESE LASAGNA ^ Sweet Garlic Butter Peas Tossed Garden Salad Light Ranch Dressing HEARTY GARDEN SALAD Light Italian Dressing Fresh Apple Whole Grain Roll ^ Fat Free Chocolate Milk 1% White Milk Lactose Free Milk	CHICKEN NUGGETS BBQ Sauce Fiesta Beans Carrot Sticks Light Ranch Dressing Fresh Pear Fat Free Chocolate Milk 1% White Milk					
December 23, 2019	December 24, 2019	December 25, 2019	December 26, 2019	December 27, 2019					
December 30, 2019	December 31, 2019	January 1, 2020	January 2, 2020	January 3, 2020					
HOLIDAY BREAK	HOLIDAY BREAK								
ALL MEALS SERVED WIT		TS AND A CHOICE OF 1% ANI		SUBJECT TO CHANGE **					
		otes item is whole-grain/whole							
*** This institution is an equal opportunity provider. WWW.preferredmeals.com Intercompany									

ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and upto-date ingredient information regarding ingredients – including the 8 major food allergens – is available on the product label at your school. To avoid exposure to these food allergens, refer to the actual product label. FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
12-02-2019	CHICKEN STRIPS ^							х	х
	BBQ Sauce							Х	
2-20	French Fries							Х	
19	Applesauce Cup								
	Ketchup								
	Fat Free Chocolate Milk	Х							
	1% White Milk	Х							
B	MINI CORN DOGS ^	Х	х					х	х
12-03-2019	Mustard								
3-2	Ketchup								
019	CHEESE PIZZA ^	х						х	х
	Mixed Vegetables								
	Carrot Sticks								
	Light Ranch Dressing	х	х					Х	
	Blended Fruit Juice								
	Fat Free Chocolate Milk	х							
	1% White Milk	х							
12-04-2019	WHOLE GRAIN SPAGHETTI WITH MEATSAUCE	х						x	x
	Sweet Garlic Butter Peas	Х							
20:	Tossed Garden Salad								
6	Light Italian Dressing							х	
	CHEF SALAD WITH CHICKEN	х							
	Light Ranch Dressing	х	х					х	
	Fresh Pear								
	Whole Grain Roll ^							Х	х
	Fat Free Chocolate Milk	Х							
	1% White Milk	Х							
E	CHICKEN PATTY ^							х	х
12-05-2019	BBQ Sauce CHARBROILED HAMBURGER							х	
19	Mustard								
	Ketchup								
	Fiesta Beans								
	Lettuce & Tomato								
	Light Ranch Dressing	х	х					х	
	Fresh Banana								
	Hamburger Bun ^							х	х
	Fat Free Chocolate Milk	х							
	1% White Milk	х							
	Lactose Free Milk								

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Item Name Mik Fg No No No MIL VGB VI						Ę		Š		
Notestry Le SALISBURY X			Mil	Eg	Pean	ee Nu	Fis	llfis	So	Whea
STEAK W/GRAVY X X X X X Mashed Potatoes X I I I X X Fresh Green Beans I I I I I X I Light Italian Dressing I I I I I X I CHEF SALAD WITH TURKEY X X I I I X I Light Ranch Dressing X X X I I X X Fresh Orange I I I I I I I I Corn Muffin ^ I I I I I I I I I 1% White Milk X I I I I I I I I 1% White Milk X I I I I I I I I 1% White Milk X I I I I I I I I 1% White Milk X I I I I I I I I 1% Hamburger Bun ^ X I I I I I		Item Name	~		F	Ā	-		<	Ā
Light Latian Dressing X	12		х						х	x
Light Latian Dressing X	Ģ	Mashed Potatoes	Х						Х	
Light Latian Dressing X	201	Fresh Green Beans							x x x x x x x x x x x x x x x x x x x	
Light Ranch Dressing X	9	Light Italian Dressing							х	
Fresh Orange Image Image Image Image Image Image Image Corn Muffin ^ Image Image </td <td></td> <td>CHEF SALAD WITH TURKEY</td> <td>Х</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>		CHEF SALAD WITH TURKEY	Х							
Corn Muffin ^ Image: Marking the second		Light Ranch Dressing	х	х					х	
Fat Free Chocolate Milk X X I <td></td> <td>Fresh Orange</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>		Fresh Orange								
I% White Milk X I <		Corn Muffin ^								х
BEEF RIB-B-QUE X X X CHICKEN PARMESAN X X X X X Hamburger Bun ^ Image: Comparison of the temperature of temperatemain of temperature of temperatemain of temperatem		Fat Free Chocolate Milk	х							
CHICKEN PARMESAN X X X X X X X Hamburger Bun ^ I I I I I I X X Garlic Butter Green Beans X I </td <td></td> <td>1% White Milk</td> <td>х</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>		1% White Milk	х							
CHICKEN PARMESAN X X X X X X X Hamburger Bun ^ I I I I I I X X Garlic Butter Green Beans X I </td <td>H</td> <td>BEEF RIB-B-QUE</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>x x x x x x x x x x x x x x x x x x x</td> <td></td>	H	BEEF RIB-B-QUE							x x x x x x x x x x x x x x x x x x x	
Fresh Broccoli Image: sector sect	2-0	CHICKEN PARMESAN	х						х	х
Fresh Broccoli Image: sector sect	9-2	Hamburger Bun ^							_	х
Light Ranch Dressing X X X X X X X Diced Pears I	019	Garlic Butter Green Beans	х							
Diced Pears Image: mark the state in		Fresh Broccoli								
Fat Free Chocolate Milk X X Image: Chocolate Milk Image: Chocolate Milk Image: Chocolate Milk X X Image: Chocolate Milk		Light Ranch Dressing	х	х					х	
I% White Milk X I <		Diced Pears								
TOASTED CHEESE SANDWICH X X X X X X X X MEATBALLS & SAUCE X X X X X X X Hot Dog Bun ^ SAUCE X X X X X X Baked Beans Image: Sauce of the second of the seco		Fat Free Chocolate Milk	х							
ON WHOLE WHEAT BREAD X X X X MEATBALLS & SAUCE X X X X X Hot Dog Bun ^ C C C X X X Baked Beans C C C C C X X Zucchini Coins X X X X X X Light Ranch Dressing X X X X X		1% White Milk	Х							
Baked Beans Image: Comparison of the second secon	12-		х						x x x x x x x x	х
Baked Beans Image: Comparison of the second secon	10-	MEATBALLS & SAUCE	х						х	
Baked Beans Image: Comparison of the second secon	201	Hot Dog Bun ^							х	х
Light Ranch Dressing X X X X X	6	Baked Beans								
		Zucchini Coins								
		Light Ranch Dressing	х	х					x x x x x x x x x x x x x x x x x x x	
Grape Juice		Grape Juice								
Fat Free Chocolate Milk X		Fat Free Chocolate Milk	Х							
1% White Milk X		1% White Milk	Х							
*NEW RECIPE!***	н	*NEW RECIPE!***								
Image: New Recipe!*** Mixed Vegetables X Grape Tomatoes Image: New Recipe Tomatoes Image: New Recipe Tomatoes Image: New Recipe Tomatoes	2-1	BEEF & BEAN CHILI							х	
Mixed Vegetables	L-2	Mixed Vegetables								
Grape Tomatoes	919	Grape Tomatoes								
		Light Ranch Dressing	х	х					х	
CHEF SALAD W/TURKEY HAM X		CHEF SALAD W/TURKEY HAM	х							
Light Italian Dressing X		Light Italian Dressing							х	
Fresh Banana		Fresh Banana								
Corn Muffin ^ X		Corn Muffin ^								х
Fat Free Chocolate Milk X		Fat Free Chocolate Milk	Х							
1% White Milk X		1% White Milk	Х							

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
12-12-2019	HOT DOG								
	Hot Dog Bun ^							Х	х
-20	Mustard								
19	Ketchup								
	CHEESE PIZZA ^	Х						Х	х
	Sweet Maple Butter Carrots	Х							
	Tossed Garden Salad								
	Light Ranch Dressing	Х	Х					Х	
	Fresh Orange								
	Fat Free Chocolate Milk	Х							
	1% White Milk	Х							
	Lactose Free Milk								
H2	TOT-CHOS	х						х	
12-13-2019	Southwest Corn								
1-20	Lettuce & Tomato								
19	Light Ranch Dressing	Х	Х					Х	
	CHEF SALAD WITH FAJITA CHICKEN	х							
	Light Italian Dressing							Х	
	Sliced Apples								
	Tortilla Chips ^								
	Fat Free Chocolate Milk	Х							
	1% White Milk	Х							
12-	TURKEY HAM & CHEESE PANINI	x						x	x
16-	CHICKEN RANCH FLATBREAD ^	Х						x x x x x x x x x x x x x x x x x x x	х
16-2019	Sweet Maple Butter Carrots	Х							
Ó	Fresh Green Beans								
	Light Ranch Dressing	Х	Х					Х	
	Diced Peaches								
	Fat Free Chocolate Milk	Х							
	1% White Milk	Х							
12-17-2019	BBQ CHICKEN							х	
	SLOPPY JOE							х	
-20	Hamburger Bun ^							х	х
19	Southwest Corn								
	Fresh Broccoli								
	Light Ranch Dressing	Х	Х					Х	
	Grape Juice								
	Fat Free Chocolate Milk	Х							
	1% White Milk	Х							

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
E	FRENCH BREAD CHEESE PIZZA^	x							x
12-18-2019	Mixed Vegetables	Χ							~
	Romaine & Kale Salad								
	Light Italian Dressing							х	
	CHEF SALAD WITH CHICKEN	х							
	Light Ranch Dressing	х	х					х	
	Fresh Banana								
	Corn Muffin ^								х
	Fat Free Chocolate Milk	х							
	1% White Milk	Х							
щ	HOLIDAY MEAL**								
12-19-2019	CHEESE LASAGNA ^	х	х					х	х
9-2	Sweet Garlic Butter Peas	х							
019	Tossed Garden Salad								
	Light Ranch Dressing	х	х					х	
	HEARTY GARDEN SALAD		х						
	Light Italian Dressing							х	
	Fresh Apple								
	Whole Grain Roll ^							х	х
	Fat Free Chocolate Milk	х							
	1% White Milk	х							
	Lactose Free Milk								
12-	CHICKEN NUGGETS							х	х
	BBQ Sauce							х	
20-2019	Fiesta Beans							Image: Constraint of the sector of the se	
919	Carrot Sticks								
	Light Ranch Dressing	х	Х					х	
	Fresh Pear								
	Fat Free Chocolate Milk	х							
	1% White Milk	х							
12-30-	HOLIDAY BREAK								
12-31-	HOLIDAY BREAK								

2019

2019