



# DECEMBER



## SCHOOL DISTRICT OF PHILADELPHIA L2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
<b>December 2, 2019</b>	<b>December 3, 2019</b>	<b>December 4, 2019</b>	<b>December 5, 2019</b>	<b>December 6, 2019</b>
CHICKEN STRIPS ^ BBQ Sauce French Fries Applesauce Cup Ketchup Fat Free Chocolate Milk 1% White Milk	MINI CORN DOGS ^ Mustard Ketchup CHEESE PIZZA ^ Mixed Vegetables Carrot Sticks Light Ranch Dressing Blended Fruit Juice Fat Free Chocolate Milk 1% White Milk	WHOLE GRAIN SPAGHETTI WITH MEATSAUCE Sweet Garlic Butter Peas Tossed Garden Salad Light Italian Dressing CHEF SALAD WITH CHICKEN Light Ranch Dressing Fresh Pear Whole Grain Roll ^ Fat Free Chocolate Milk 1% White Milk	CHICKEN PATTY ^ BBQ Sauce CHARBROILED HAMBURGER Mustard Ketchup Fiesta Beans Lettuce & Tomato Light Ranch Dressing Fresh Banana Hamburger Bun ^ Fat Free Chocolate Milk 1% White Milk Lactose Free Milk	HOMESTYLE SALISBURY STEAK W/GRAVY Mashed Potatoes Fresh Green Beans Light Italian Dressing CHEF SALAD WITH TURKEY Light Ranch Dressing Fresh Orange Corn Muffin ^ Fat Free Chocolate Milk 1% White Milk
<b>December 9, 2019</b>	<b>December 10, 2019</b>	<b>December 11, 2019</b>	<b>December 12, 2019</b>	<b>December 13, 2019</b>
BEEF RIB-B-QUE CHICKEN PARMESAN Hamburger Bun ^ Garlic Butter Green Beans Fresh Broccoli Light Ranch Dressing Diced Peas Fat Free Chocolate Milk 1% White Milk	TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD MEATBALLS & SAUCE Hot Dog Bun ^ Baked Beans Zucchini Coins Light Ranch Dressing Grape Juice Fat Free Chocolate Milk 1% White Milk	*NEW RECIPE!*** BEEF & BEAN CHILI Mixed Vegetables Grape Tomatoes Light Ranch Dressing CHEF SALAD W/TURKEY HAM Light Italian Dressing Fresh Banana Corn Muffin ^ Fat Free Chocolate Milk 1% White Milk	HOT DOG Hot Dog Bun ^ Mustard Ketchup CHEESE PIZZA ^ Sweet Maple Butter Carrots Tossed Garden Salad Light Ranch Dressing Fresh Orange Fat Free Chocolate Milk 1% White Milk Lactose Free Milk	TOT-CHOS Southwest Corn Lettuce & Tomato Light Ranch Dressing CHEF SALAD WITH FAJITA CHICKEN Light Italian Dressing Sliced Apples Tortilla Chips ^ Fat Free Chocolate Milk 1% White Milk
<b>December 16, 2019</b>	<b>December 17, 2019</b>	<b>December 18, 2019</b>	<b>December 19, 2019</b>	<b>December 20, 2019</b>
TURKEY HAM & CHEESE PANINI CHICKEN RANCH FLATBREAD ^ Sweet Maple Butter Carrots Fresh Green Beans Light Ranch Dressing Diced Peaches Fat Free Chocolate Milk 1% White Milk	BBQ CHICKEN SLOPPY JOE Hamburger Bun ^ Southwest Corn Fresh Broccoli Light Ranch Dressing Grape Juice Fat Free Chocolate Milk 1% White Milk	FRENCH BREAD CHEESE PIZZA^ Mixed Vegetables Romaine & Kale Salad Light Italian Dressing CHEF SALAD WITH CHICKEN Light Ranch Dressing Fresh Banana Corn Muffin ^ Fat Free Chocolate Milk 1% White Milk	HOLIDAY MEAL** CHEESE LASAGNA ^ Sweet Garlic Butter Peas Tossed Garden Salad Light Ranch Dressing HEARTY GARDEN SALAD Light Italian Dressing Fresh Apple Whole Grain Roll ^ Fat Free Chocolate Milk 1% White Milk Lactose Free Milk	CHICKEN NUGGETS BBQ Sauce Fiesta Beans Carrot Sticks Light Ranch Dressing Fresh Pear Fat Free Chocolate Milk 1% White Milk
<b>December 23, 2019</b>	<b>December 24, 2019</b>	<b>December 25, 2019</b>	<b>December 26, 2019</b>	<b>December 27, 2019</b>
<b>December 30, 2019</b>	<b>December 31, 2019</b>	<b>January 1, 2020</b>	<b>January 2, 2020</b>	<b>January 3, 2020</b>
HOLIDAY BREAK	HOLIDAY BREAK			

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

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## Allergen Information: SCHOOL DISTRICT OF PHILADELPHIA

**ALLERGEN WARNING:** This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients – including the 8 major food allergens – is available on the product label at your school. To avoid exposure to these food allergens, refer to the actual product label. **FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.**

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
12-06-2019	HOMESTYLE SALISBURY STEAK W/GRAVY	X						X	X
	Mashed Potatoes	X						X	
	Fresh Green Beans								
	Light Italian Dressing							X	
	CHEF SALAD WITH TURKEY	X							
	Light Ranch Dressing	X	X					X	
	Fresh Orange								
	Corn Muffin ^								X
	Fat Free Chocolate Milk	X							
	1% White Milk	X							
12-09-2019	BEEF RIB-B-QUE							X	
	CHICKEN PARMESAN	X						X	X
	Hamburger Bun ^							X	X
	Garlic Butter Green Beans	X							
	Fresh Broccoli								
	Light Ranch Dressing	X	X					X	
	Diced Pears								
	Fat Free Chocolate Milk	X							
	1% White Milk	X							
12-10-2019	TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD	X						X	X
	MEATBALLS & SAUCE	X						X	
	Hot Dog Bun ^							X	X
	Baked Beans								
	Zucchini Coins								
	Light Ranch Dressing	X	X					X	
	Grape Juice								
	Fat Free Chocolate Milk	X							
	1% White Milk	X							
12-11-2019	*NEW RECIPE!***								
	BEEF & BEAN CHILI							X	
	Mixed Vegetables								
	Grape Tomatoes								
	Light Ranch Dressing	X	X					X	
	CHEF SALAD W/TURKEY HAM	X							
	Light Italian Dressing							X	
	Fresh Banana								
	Corn Muffin ^								X
	Fat Free Chocolate Milk	X							
	1% White Milk	X							

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
12-12-2019	HOT DOG								
	Hot Dog Bun ^							X	X
	Mustard								
	Ketchup								
	CHEESE PIZZA ^	X						X	X
	Sweet Maple Butter Carrots	X							
	Tossed Garden Salad								
	Light Ranch Dressing	X	X					X	
	Fresh Orange								
	Fat Free Chocolate Milk	X							
	1% White Milk	X							
	Lactose Free Milk								
12-13-2019	TOT-CHOS	X						X	
	Southwest Corn								
	Lettuce & Tomato								
	Light Ranch Dressing	X	X					X	
	CHEF SALAD WITH FAJITA CHICKEN	X							
	Light Italian Dressing							X	
	Sliced Apples								
	Tortilla Chips ^								
	Fat Free Chocolate Milk	X							
1% White Milk	X								
12-16-2019	TURKEY HAM & CHEESE PANINI	X						X	X
	CHICKEN RANCH FLATBREAD ^	X						X	X
	Sweet Maple Butter Carrots	X							
	Fresh Green Beans								
	Light Ranch Dressing	X	X					X	
	Diced Peaches								
	Fat Free Chocolate Milk	X							
	1% White Milk	X							
12-17-2019	BBQ CHICKEN							X	
	SLOPPY JOE							X	
	Hamburger Bun ^							X	X
	Southwest Corn								
	Fresh Broccoli								
	Light Ranch Dressing	X	X					X	
	Grape Juice								
	Fat Free Chocolate Milk	X							
	1% White Milk	X							

